


9 Foot Speed Rope BF7643



Improve your speed, strength and coordination. 9 foot Speed Rope comes in reusable, easy to transport container.



 The Surgeon General has determined that everyone should get 30 minutes of moderate physical activity five days of the week.™

- Always consult a physician before performing any physical activity.
- No liability or responsibility is assumed by the manufacturer for any injury incurred as a result of using this product.