


Bally Boxer BF7695



Our inflatable punching pillar is a knock-out for improving coordination and flexibility, burning calories and venting stress. It rocks back and forth with every punch, providing the knock-down/instant-up motion that builds endurance and sharpens reflexes. Ideal for kick-boxing workouts, too — without shoes. Comes with an easy-to-use foot pump and an anti-leak, water-weighted base (fill directly from the tap). Folds flat for compact storage. Rugged PVC construction.

- Rocks back and forth with every punch.
- Stands approximately 5'2" tall to accommodate people of all sizes.
- Easy to use pump included.
- Folds flat for compact storage.
- Fitness guide included.



 The Surgeon General has determined that everyone should get 30 minutes of moderate physical activity five days of the week.™

- Always consult a physician before performing any physical activity.
- No liability or responsibility is assumed by the manufacturer for any injury incurred as a result of using this product.