

## Fitness Band for Pilates BF7725




The Fitness Band for Pilates is great for conditioning all the muscles of the lower and upper body. Tone, firm and shape stomach, buttocks, hips, thighs, arms and back. Perfect for all ages and all fitness levels. The Fitness band for Pilates is great for building lean muscle and burning fat calories. Ergonomic handles and safety strap make exercising easy.

- Exercises printed on the Band.
- Convenient, take it anywhere.
- Fitness Guide Included.



 **DOWNLOAD  
FITNESS GUIDE**

 **PRINT  
PRODUCT SHEET**

 The Surgeon General has determined that everyone should get 30 minutes of moderate physical activity five days of the week.™

- Always consult a physician before performing any physical activity.
- No liability or responsibility is assumed by the manufacturer for any injury incurred as a result of using this product.