

## Sculpt & Tone Kit for Pilates BF7737



### Kit includes:

#### Ball/Pump

- Tone, trim and tighten abdominal, lower back and leg muscles.
- Inflatable ball with inflator tube and plug.
- Two-way action pump provides quicker inflation.

#### Power Band

- Develop muscular strength, endurance, agility and balance.
- No slip ankle/wrist cuffs allow for a full range of motions.




#### Slimmer Belt

- Retains moist warmth, so you shed excess water as you exercise.
- Fits snugly to trim appearance around your middle instantly.
- Excellent back support.
- Grip-strip closure adjusts to any size waist. Hand washable.

#### Training DVD

- Full exercise program, including the use of the ball, power band and slimmer belt.



 The Surgeon General has determined that everyone should get 30 minutes of moderate physical activity five days of the week.™

- Always consult a physician before performing any physical activity.
- No liability or responsibility is assumed by the manufacturer for any injury incurred as a result of using this product.